



Fleetwood Park Secondary School

Outdoor Education 11/12

Day Hike – Big Cedar & Kennedy Falls

Location: Mt. Fromme, North Vancouver
Activity: Hiking
Date(s): May 19, 2018
Lv. School: Sat. May 19, 2018 – 7:30 am
Rtn School: Sat. May 19, 2018 - 4:00 pm

Dear Participants and Parents:

Trip Information

General: Students will be hiking on the east side of Mt. Fromme and west of Lynn Creek. There isn't much elevation gain but the route is rugged and wet with several creek crossings.

Cost: \$ 15.00 for transportation

Supervision: There are 2 teachers accompanying the students on the trips with outdoor experience.

Risk Assessment:

Activity	Wilderness hiking over rugged terrain
Location	Mt. Fromme, North Vancouver
Camping	N/A
Fitness Requirement	10 km round trip. Elevation gain 150 m. Average cardiovascular fitness and leg strength.
Weather	Students need to expect rain conditions and cold late winter conditions. Bring appropriate outer layer clothing for potential inclement weather.
Medical Problems	Possible ankle sprains and muscles soreness

Special Equipment: Several creek crossings are necessary, waterproof boots and possibly gaiters would be an asset. A general equipment list is available online at <http://dragonsoutdoors.weebly.com>

Behaviour: Due to nature of this trip, mature, responsible behavior is required at all times. Students are expected to adhere to the Fleetwood Park Student Code of Conduct on all Outdoor Education trips.

If you require further information or have any concerns please contact me at 604-597-2301 or korbutt_m@surreyschools.ca. Please return the attached permission slip with the necessary funds as soon as possible. The trip will be filled on a "first come, first served" basis.

Day Hike – Big Cedar & Kennedy Falls

Itinerary

- Day 1 7:30 am - Depart Fleetwood
 9:00 am – Arrive at Lynn Canyon (Parking @ Mt. Fromme parking lot, Mountina Hwy)
 10:30 am – Start Hike
 11:30 am – Stop for lunch at 4m diameter cedar tree (“Big Cedar”)
 12:00 pm – Continue on trail to Kennedy Falls.
 1:00 pm – See falls, snack, return to vehicles
 3:00 pm – Leave for Fleetwood
 4:00 pm – Arrive at Fleetwood
- Day 2 N/A



**INFORMED CONSENT AND RELEASE OF LIABILITY
To Be Completed For High Risk Activities**

Hiking - Big Cedar & Kennedy Falls (the "Activity")
(Describe Activity)

To: The Board of Education of School District No. 36 (Surrey) and its officials, employees, teachers and agents (collectively and individually, the "Board")

STUDENT:

In consideration of the Board permitting me to participate in the Activity,

I _____ (the "Student") state as follows:

1. I have discussed with my parent(s)/guardian their expectations, and the Board's expectations, of my behaviour during the Activity.
2. I understand and agree to abide by the School's Code of Conduct and any other rules that are set out for this Activity.
3. I agree to cooperate with, and follow the directions given to me by, any of the Activity's supervisors for the entire duration of the Activity.
4. I have discussed with my parent(s)/guardian the significance of the declaration I am making by signing below.

Student

Date

PARENT(S)/GUARDIAN:

I _____ (the "Parent(s)/Guardian") am the parent(s)/guardian of the Student. In consideration of the Board permitting the Student to participate in the Activity, I agree as follows:

1. I have read and understand the materials provided to me by the Board outlining the Activity and agree the Activity is appropriate for the Student. I hereby give my consent for the Student to participate in the Activity.
2. I represent to the Board that the Student is medically fit to participate in the Activity. I have informed the Student not to participate further if he/she feels anything to be unsafe.
3. I hereby agree that I shall pay any and all financial obligations, loss or claims for compensation that the Board may suffer or incur in any way as a result of the Student's participation in the Activity.
4. I hereby waive any and all legal rights that I may have now or in the future and release from liability and agree not to sue the Board for any loss or damage that I may suffer as a result of the Student's participation in the Activity.
5. I recognize releasing the Board from liability prevents me from claiming for money from the Board.
6. I represent that I have discussed with the Student my expectations, the Board's expectations, and the risks and consequences of injury. I accept and assume all these risks and the consequences and freely choose to permit the Student to participate in the Activity regardless.
7. I hereby agree that it is my responsibility to arrange insurance to cover any loss or damage the Student may suffer, or liability I may incur, as a result of the Student's participation in the Activity.

Parent(s)/Guardian

Parent(s)/Guardian

Date