



## Fleetwood Park Secondary School

### Outdoor Education 11/12

#### Cycling – Fleetwood to Fort Langley

**Location:** Fort Langley  
**Activity:** Cycling  
**Date(s):** April 25, 2018  
**Lv. School:** Wed. April 25, 2018 – 1:30 pm  
**Rtn School:** Parents pick up participant in Fort Langley

Dear Participants and Parents:

#### Trip Information

**General:** Students will be cycling from Fleetwood Park to Fort Langley

**Cost:** \$ 0.00

**Supervision:** There is 1 teacher accompanying the students on the trip with cycling experience.

#### **Risk Assessment:**

<b>Activity</b>	Cycling a well travelled main roads, on separated and not separated bike lanes, and trails.
<b>Location</b>	Fleetwood to Fort Langley
<b>Camping</b>	N/A
<b>Fitness Requirement</b>	25 km with hills during the first half of the ride. Average cardiovascular and leg strength.
<b>Weather</b>	Students need to expect rain conditions. Bring appropriate outer layer clothing for potential inclement weather.
<b>Medical Problems</b>	Abrasions in the case of falls; sore muscles

**Special Equipment:** Students must wear a helmet at all times and get their own bicycles either by borrowing from someone or renting. A cycling equipment list is available online at <http://dragonsoutdoors.weebly.com>

**Behaviour:** Due to nature of this trip, mature, responsible behavior is required at all times. Students are expected to adhere to the Fleetwood Park Student Code of Conduct on all Outdoor Education trips.

**If you require further information or have any concerns please contact me at 604-597-2301 or [korbutt\\_m@surreyschools.ca](mailto:korbutt_m@surreyschools.ca). Please return the attached permission slip with the necessary funds as soon as possible. The trip will be filled on a "first come, first served" basis.**

## **Cycling – Fleetwood to Fort Langley**

### **Itinerary**

Day 1      1:30 pm – Depart Fleetwood (see attached directions for route)  
              3:15 pm – Arrive at Fort Langley National Historic Site  
              3:20 pm – Parents pick up participants from the parking lot

Day 2      N/A

Day 3      N/A

Day 4      N/A

Day 5      N/A



**INFORMED CONSENT AND RELEASE OF LIABILITY  
To Be Completed For High Risk Activities**

Cycling - Fleetwood to Fort Langley (the "Activity")  
(Describe Activity)

**To:** The Board of Education of School District No. 36 (Surrey) and its officials, employees, teachers and agents (collectively and individually, the "Board")

**STUDENT:**

In consideration of the Board permitting me to participate in the Activity,

I \_\_\_\_\_ (the "Student") state as follows:

1. I have discussed with my parent(s)/guardian their expectations, and the Board's expectations, of my behaviour during the Activity.
2. I understand and agree to abide by the School's Code of Conduct and any other rules that are set out for this Activity.
3. I agree to cooperate with, and follow the directions given to me by, any of the Activity's supervisors for the entire duration of the Activity.
4. I have discussed with my parent(s)/guardian the significance of the declaration I am making by signing below.

\_\_\_\_\_  
Student

\_\_\_\_\_  
Date

**PARENT(S)/GUARDIAN:**

I \_\_\_\_\_ (the "Parent(s)/Guardian") am the parent(s)/guardian of the Student. In consideration of the Board permitting the Student to participate in the Activity, I agree as follows:

1. I have read and understand the materials provided to me by the Board outlining the Activity and agree the Activity is appropriate for the Student. I hereby give my consent for the Student to participate in the Activity.
2. I represent to the Board that the Student is medically fit to participate in the Activity. I have informed the Student not to participate further if he/she feels anything to be unsafe.
3. I hereby agree that I shall pay any and all financial obligations, loss or claims for compensation that the Board may suffer or incur in any way as a result of the Student's participation in the Activity.
4. I hereby waive any and all legal rights that I may have now or in the future and release from liability and agree not to sue the Board for any loss or damage that I may suffer as a result of the Student's participation in the Activity.
5. I recognize releasing the Board from liability prevents me from claiming for money from the Board.
6. I represent that I have discussed with the Student my expectations, the Board's expectations, and the risks and consequences of injury. I accept and assume all these risks and the consequences and freely choose to permit the Student to participate in the Activity regardless.
7. I hereby agree that it is my responsibility to arrange insurance to cover any loss or damage the Student may suffer, or liability I may incur, as a result of the Student's participation in the Activity.

\_\_\_\_\_  
Parent(s)/Guardian

\_\_\_\_\_  
Parent(s)/Guardian

\_\_\_\_\_  
Date